



Spas are devoted to enhancing overall well being through a variety of professional services that encourage the rejuvenation of both body and soul. A visit to a Spa in Israel would not be complete without a visit to a Dead Sea SPA, especially our LotuSpa.

Massages

	Name	Description	Intensity & Recommendations	Duration	Price
M1	Lotus special of the House	A combination of classic and Far Eastern massage. Movements and mild strokes performed with gloves soaked in aromatic hot oil	Intensity: Medium to Gentle Recommended: To release general stress	60 min.	385 NIS
M2	Medical	The Massage techniques are based on human anatomy and the knowledge of the skeleton system & the muscles.	Intensity: Varies Purpose: Relief pains & release stiff muscles	30 min. 50 min.	290 NIS 395 NIS
M3	Anti-Stress	A full body massage, focusing on the upper back, combining reflexology, scalp massage and stress points on the face.	Intensity: Varies Purpose: To release mental and physical stiff muscles	60 min.	395 NIS
M4	Stone therapy	This unique treatment combines hand massage and hot basalt stones.	Intensity: Medium Recommended: An indulgent treatment in order to provide general release.	60 min	395 NIS
M5	Hot Massage	A medical massage combined hot basalt stones.	Intensity: Varies Recommended: To release muscles.	60 min	415 NIS
M6	Lymphatic Massage	A therapeutic massage that helps to replenish the cellular tissue, influence the nervous system and stimulate the immune system.	Intensity: Varies Recommended: After surgery or for detox	60 min.	395 NIS
M7	Deep Tissue	A deep, focused massage technique. Designed to relieve muscles and tense areas through out the body.	Intensity: Deep Recommended: Massage that focuses on both the mind and the deepest muscle layers.	60 min.	430 NIS
M8	Shells Massage	Originally from the Philippines. The Shells are natural and contain calcium, carbonate, variety of seaweeds and minerals. The massage is done with hot aromatics oils in different techniques of massage.	Intensity: Medium Recommended: indulging treatment. Providing the body's perfect peace and releases general tenses.	60 min.	415 NIS
M9	Shiatsu	A treatment from the Far East, carried out by pressing along the body's energy pathways and rocking (manipulation of the joints). The treatment is carried out in comfortable clothing.	Intensity: Varies Recommended: To release physical and emotional tension	50 min.	395 NIS
M10	Back & Neck or Head & Neck	Medical back massage, focusing on relieving areas of chronic stresses	Intensity: Medium to deep Recommended: For desk workers and all those who feel like the world is on their shoulders!	30 min.	290 NIS



M11	Lumielumie	Originally from Hawaii. The massage is carried out with the wrists and forearms as well as with the fingers, using circular movements to increase blood flow. A liberating, relaxing, and invigorating massage	Intensity: Deep Recommended: For all those seeking a massage that focuses on both the soul and the deepest muscle	50 min.	385 NIS
M12	Polarity	Pampering massage focusing on the hands, scalp and legs.	Intensity: Medium Recommended: mental relief from the day routine.	50 min	365 NIS
M13	Reflexology	Massaging and applying pressure to the soles of the feet, according to the theory that parts of the body correspond to areas of the feet.	Recommended: For balance and general relaxation	30 min. 50 min	255 NIS 365 NIS
M14	Feet Massage	A massage which stimulates the blood cycle and helps to release tensions.	Intensity: Varies Recommended: For veins problem and tired feet.	30 min.	290 NIS
M15	Massage for Expectant	A special massage intended for pregnant women, which can be carried out either lying on one side or while sitting. Offered from the 21 th week.	Intensity: Gentle	40 min.	315 NIS
M16	Classic	A massage which stimulates the blood circulation and intensifies the natural metabolism. Used with pure Oil.	Intensity: Gentle Recommended: To release general stress	30 min. 50 min.	255 NIS 365 NIS
M17	Aromatic	A gentle massage with aromatic oils. Our therapist will use oils of your choice.	Intensity: Gentle Providing the body perfect peaceful and floating sensation.	30 min. 50 min.	260 NIS 370 NIS
M18	Ayurveda, Indian massage	The treatment begins with a gentle wipe of heated sesame oil followed by soft massage strokes along the length of the body and ends with shirodhara – pouring oil on the center of the forehead (“third eye”). Includes scalp and facial massage.	Intensity: Gentle Recommended: The ultimate treatment for balancing body and mind	60 min.	415 NIS
M19	Anti-Cellulite Massage	A unique massage for cellulite areas, using special fat-burning oils.	Intensity: Deep Recommended: For women with signs of cellulite	40 min	315 NIS

- *It is possible to indulge the massages with aromatic body butter based on shea oil for a surcharge of 15 NIS*

Body Treatments

B20	Espresso Chocolate	The perfect treatment for refreshing and rejuvenating your skin includes four indulgent steps: Step 1 – coffee peeling – cleans the skin with coffee granules and rejuvenate the skin cells. Step 2 – a hot chocolate wrap- improves the skin elasticity, as an anti-aging treatment. Step 3 – relaxing foot massage: enjoy pure relaxation with a soothing and pampering foot massage for a deep sense of calm. Step 4 – rich body butter: finish with a nourishing body butter application for deep hydration and skin firming.	Energizing Recommended: To everybody	70 min.	425 NIS
B21	Coconut & Honey	The perfect treatment for refreshing and rejuvenating your skin includes four indulgent steps: Step 1 – coconut body peeling: begins with a delicate coconut flake scrub that removes dead cells, renews and refreshes the skin, and provides natural hydration to nourish, soften, and balance your skin. Step 2 – natural honey wrap: an antibacterial wrap that helps reduce acidity and toxins, giving your skin added flexibility and radiance. Step 3 – relaxing foot massage: enjoy pure relaxation with a soothing and pampering foot massage for a deep sense of calm. Step 4 – rich body butter: finish with a nourishing body butter application for deep hydration and skin firming. Come experience the magic of nature on your skin	Energizing Recommended: To everybody	70 min.	425 NIS
B22	Black Pearl	A combination of aromatic body peeling in order to remove dead skin cells and mud wrap to release tensions and enrich the skin with minerals.	Intensity: Energizing Recommended: To everybody	60 min.	375 NIS
B23	Lotino	A combination of aromatic body peeling in order to remove dead skin cells and seaweed wrap to enrich the skin with vitamins for better elastic skin.	Intensity: Energizing Recommended: To everybody	60 min.	395 NIS
B24	Mineral Salt Exfoliation	Cleanses the skin (removing dead skin cells) using an invigorating massage based on mineral salt granules and basic oil.	Intensity: Energizing Recommended: To everybody	30 min.	255 NIS
B25	Aromatic Salt Exfoliation	Cleanses the skin (removing dead skin cells) using an invigorating massage based on salt granules and aromatic oil .	Intensity: Energizing Recommended: For a sense of freshness and body purification	40 min.	270 NIS
B26	Anti-Cellulite Exfoliation	Body Peeling with salt granules and pepper oil.	Intensity: Energizing Recommended: To everybody	40 min.	285 NIS



B27	Coconut Exfoliation	A delicate coconut flake scrub that removes dead cells, renews and refreshes the skin, and provides natural hydration to nourish, soften, and balance your skin.	Intensity: Energizing Recommended: To everybody	30 min.	260 NIS
B28	Coffee Exfoliation	Unique peeling based on coffee granules. Removing dead skin cells, improving the skin elasticity & improving the skin shade. This peeling will leave your skin toned and elastic, Smooth, shiny and healthy.	Intensity: Energizing Recommended: To everybody	30 min.	260 NIS
B29	Mud Wrap	A warm mud body wrap, rich in minerals, the warm mud helps in relieving joint pain and offer general relaxation.	Recommended: Beneficial for everyone's health, especially those with joint pain and skin complaints	40 min.	255 NIS
B30	Seaweed Wrap	Rich in minerals, beta carotene and organic essences that help to create new skin cells and balance the skin's moisture.	Recommended: For everyone especially for skin and joints problems.	40 min.	270 NIS
B31	Mud & Seaweed Wrap	A combination of mud and seaweed.	Recommended: For everyone	40 min.	285 NIS
B32	Chocolate Wrap	Providing moisture and improves the elasticity of the skin.	Recommended: For everyone	40 min.	285 NIS
B33	Sulphur Pool	Bathing in heated sulphur pools has been known for many years to be effective in treating aching joints and soothing the skin	Opening hours: Sunday – Saturday 08:00-15:00 Please make a reservation before.	20 min.	55 NIS
B34	Hamam "Lotus"	Day entrance with personal kit			45 NIS

Treatment Packages

P40	"Release"	Mud Wrap 30 min. Deep Tissue Massage 60 min. Reflexology 30 min.			795 NIS
P41	Pampering	Hot Stone Massage 60 min. Seaweed Wrap 30 min. Facial Treatment 40 min.			812 NIS
P42	Beauty	Express 40 min. Body Exfoliation 30 min. Seaweed Wrap 30 min.			693 NIS
P43	Health	Mud Wrap 40 min. Medical Massage 50 min. Sulfur Pool 20 min.			600 NIS
P44	Anti- Cellulite	Anti-Cellulite Exfoliation 40 min. Seaweed Wrap 40 min. Anti-Cellulite massage 40 min.			740 NIS



Beauty Salon

Lotuspa Specials

Y50	"Remedium"	Sculpturing massage for face, neck and décolleté. This treatment uses a ground-breaking technique which helps to stimulate and repair the facial cells and tissues by intensively activating facial muscles. Provides lifting effect and recovering the face look.	70 min.	425 NIS
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Anna Lotan

Y52	Classic	Deep cleansing. Face, neck and décolleté massage. Peeling and beauty mask for skin relief and to avoid inflammation. In additional, Seaweed mask for moisture and skin firmness.	50 min 70 min.	365 NIS 425 NIS
Y53	Express	Pampering facial treatment. including: initial cleanse, exfoliation, mask suited to the specific skin type, and a massage of the face and décollete.	40 min.	290 NIS
Y54	Anti-aging	This treatment increases the level of natural moisture in the skin, prevents damage to the elastic fibers that provide the face with its suppleness, smoothes the outer skin layer and softens the appearance of deep lines. The rich texture of this unique cream series gives the face a soft velvety feeling	60 min.	390 NIS
Y55	Balance	Fit to all types of skin. Includes: initial cleanse, gentle peeling to release the skin from dry and dead cells. Also massage with special oils to provide moisture and two masks according to the skin type.	50 min.	365 NIS
Y56	PRO	This facial treatment offers an ultimate solution for mature skin in dealing with signs of aging. The special ingredients used in this treatment firms the skin and have a rehabilitating and rejuvenating effect. Your skin will look glow and smoother, soft and fresh.	60 min.	390 NIS
Y57	Gold	The series is based on a complex of algae, which is extracted from the North Sea, and combined with herbal additives enabling the skin to withstand environmental and age-related damage. Renews the skin cells enhancement collagen and elastin.	60 min.	390 NIS
Y58	Anna Lotan for Eyes	A treatment to prevent, care and repair eye zone skin damage. Reduces puffiness and minimizes appearance of fine lines.	40 min.	290 NIS
Y59	GREENS	The line of products based on special active formula which combines modern technology and natural ingredients. This combination producing active anti-ageing moisture which provides maximum effect in the skin layers.	50 min. 70 min.	365 NIS 425 NIS



Christina:

Y65	Silk	Penetration of silk fibers, helps to reduce wrinkles, provides smooth and firm skin. The skin will look smooth, silky and the treatment will minimize appearance of fine lines. The treatment speeds up renewal of skin cells that helps the skin glow and looked refreshed.	50 min.	365 NIS
Y66	Wish	Anti-Aging treatment for the needs of mature skin. By using advanced powerful ingredients, we recover the skin damage and help to overcome the lack of balance that is caused by age. Improves the skin firmness, influence all layers of the skin, the treatment helps to create an even, healthy tone. Your skin will glow, and will look firm and fresh.	60 min.	390 NIS
Y67	Unstress	Anti-Aging relaxing treatment. Helps to reduce redness of irritated skin that is suffering from stress damage. Contributes for improvement of the skin circulation, and environment damages. Provides balance and flexibility.	60 min.	390 NIS
Y68	Forever young	Anti-Aging skin firming based on special formula of bio-peptides. Significantly influence of deceleration of the skin aging, improves renewal of tissues, reduces wrinkles and creates an even, healthy tone. This unique repair complex helps to reduce the deep lines firms and provides a rejuvenating effect.	60 min.	390 NIS
Y69	BioPhyto	Based on herbal extracts combination of unique advanced scientific technology ("green"). Restores the vitality and uniform the tone of the skin in order to provide optimum skin balance. Reduces wrinkles and improves the skin's suppleness, the treatment provides a feeling of purification	60 min.	390 NIS
Y70	Comodex Control it now	Comodex. Advanced treatment in order to treat oily skin problems. Comodex delays the progress of the skin's oily gland. Prevents bacterial activity and at the same time helps with renewal and smoothness of the skin	70 min.	425 NIS
Y71	Express	A pampering treatment that helps to balance and refreshing the skin.	40 min.	290NIS



Scalp and Head Treatments

C80	Scalp Mud Treatment	A scalp treatment including a scalp massage using special oils, and a natural mud mask	40 min	255 NIS
C81	Scalp Seaweed Treatment	A scalp treatment including a scalp massage using special oils, and a seaweed mask	40 min	285 NIS

C83	Eye Brow Shaping			85 NIS
C84	Eye Brow Dyeing & Design			135 NIS
C85	Eye lash or Eyebrows dye			85 NIS
C86	Eye lash and Eyebrows dye			125 NIS

Hand and foot treatments

E90	Manicure			145 NIS
E91	Medical Manicure			185 NIS
E92	Cosmetic Pedicure			205 NIS
E93	Therapeutic Pedicure			265 NIS
E94	Hand Paraffin treatment			105 NIS
E95	Paraffin treatment & hand massage			185 NIS

Hair Dresser

H100	Rollers			125 NIS
H101	Blow-dry Sort / Medium / Long			85/105/125 NIS
H102	Short / Long Hair Color			125-155 / 155- 195 NIS
H103	Short Hair Streaks			155-225 NIS
H104	Long Hair Streaks			185 – 265 NIS
H105	Partial Hair Streaks			95 – 155 NIS
H106	Boy / Girl / Haircut			65 / 85 NIS
H107	Short / Long Women Haircut			155 / 185 NIS
H108	Men Haircut			85 NIS
H109	Special Hairdo			185-245 NIS



The Lotuspa offers 20 comfortable treatment rooms. Heated Dead Sea water pool, Jacuzzi, Dry Sauna, Hamam and two sulphur pools. The Gym holds a variety of state of art fitness equipment.

Opening Hours

Sunday through Friday, 08:00 - 18:30. Saturday, 08:00 - 17:00.

Entrance to the SPA is from the age of 16.

Cancellation or change of a treatment must be done at least 24 hours in advance.
Cancellation without advance notice will be charged 100% of the treatment price.
Please arrive to the treatment Lobby 10 minutes before the time scheduled.

Opening hours of the SPA can be changed.

For your utmost convenience, please make your appointments at the Spa reservation desk or call 2242 or 2244 from your hotel room phone. You can also call through the operator 08-6689200,
E-Mail: spalot@lothotel.co.il